

Easter Prayer Space Plan

- Adapt the planning to document to suit your needs
- Use the photos below to inspire your space
- Print the instructions for each station (white pages) or write your own



1. Palm Sunday
Thankfulness and praise

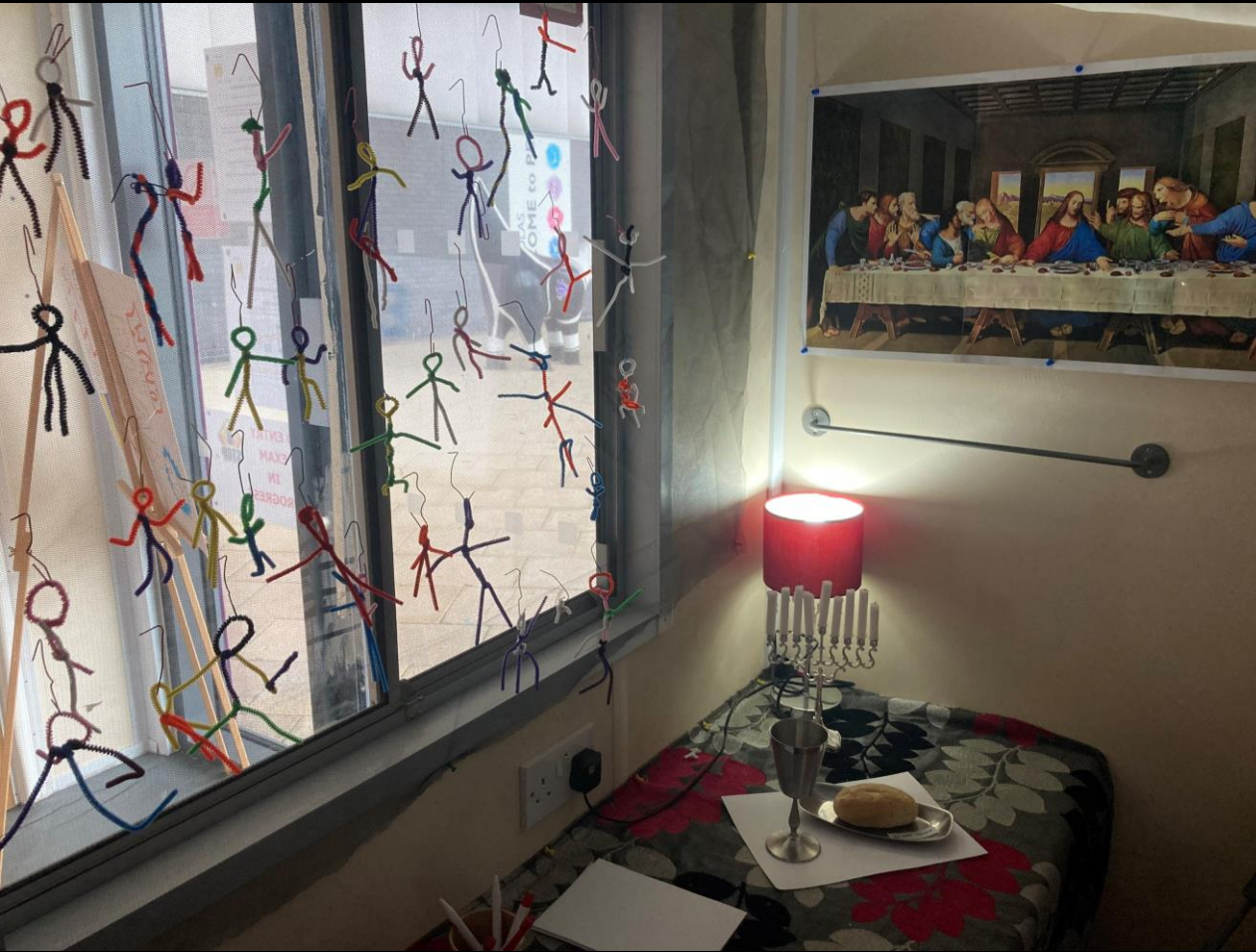
A week before Jesus died, he entered Jerusalem riding on a donkey. People were happy, praising Jesus as King and shouting 'hosanna' which is like shouting 'hooray!'. They laid down coats and palm leaves on the ground before him.

Activity

WHAT IS MAKING YOU HAPPY AND SHOUT FOR JOY AT THE MOMENT?

WHAT ARE YOU THANKFUL FOR?

WRITE IT ON A MINI PALM LEAF AND LAY IT ON THE GROUND.



2. The Last Supper

Friendship

Jesus had a special dinner with his disciples where he told them lots of important things.

Activity 1: WHO IS SPECIAL TO YOU? MAKE A PERSON OUT OF A PIPE CLEANER TO REPRESENT THEM.

Reflect on this person – if you knew it was your last meal with them, what would you want them to know? How would you tell them how much they mean to you?

Activity 2: USE THE LINED PAPER TO WRITE THEM A LETTER AND TELL THEM HOW MUCH THEY MEAN TO YOU.



3. Garden of Gethsemane *Expressing our Emotions*

Jesus was very honest with God in the garden of Gethsemane. He poured out his deepest feelings and cried. Take a moment to notice how you feel. What thoughts are going through your mind? Do you feel happy? Content? Worried? Sad? Another emotion?

Activity 1: ADD A STICKER TO THE EMOJI CHART TO SHOW HOW YOU FEEL.

Activity 2: HAVE A GO AT THE 'TANKS' WORKSHEET

Sometimes our emotions bubble up and get too much, a bit like when his litter jar is shaken up.

Shake it and watch the glitter settle. As you do, ask God to bring peace to your emotions.



PRAY AGAINST INJUSTICE

Climate change disproportionately impacts those in poverty

Over 5000 human rights violations committed against detainees in North Korean prisons

Afghan families face being split up as Taliban enforces gender segregation in parks

Black teenager 'CJ16' of anti-workshop at school after being wrongly accused

100 million in 2024 value: 'he's changed' as Educational Centre is set to cost £2000 per year

Children are trapped in hospitals and school attached to a hospital

PALM

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Even though Jesus was innocent, he was betrayed by his friend, arrested and given an unfair trial.

When unfair things happen in the world, like people being treated badly or people suffering through no fault of their own, we call it **INJUSTICE**. God hates injustice and we can pray and ask God to help those who are being treated unfairly.

Activity:

READ ABOUT SOME OF THE UNFAIR SITUATIONS HAPPENING IN THE WORLD RIGHT NOW. POST A PRAYER IN THE POST BOX FOR SOMEONE WHO IS SUFFERING.

**5. Jesus Carries
the Cross**
*Worries and
Burdens*



Jesus had to carry his heavy wooden cross up the hill where he knew he would die. It must have felt like the weight of the world on his shoulders.

Sometimes our worries and problems can feel like a heavy weight that we have to carry. Jesus says we can give our worries to him and he will make our load light again.

Activity

WRITE DOWN YOUR WORRIES ON A PIECE OF PAPER AND PUT IT IN THE BAG. LIFT THE BAG TO FEEL HOW HEAVY IT IS. THEN PUT THE BAG DOWN AND ASK GOD TO TAKE ALL YOUR HEAVY WORRIES FROM YOU.



6. Jesus Dies
Repentance



Jesus was nailed to the cross. Before he died, he cried out 'Father, forgive them'. Then he breathed his last breath.

Jesus took the punishment for all the wrong things we do and instead he forgives us.

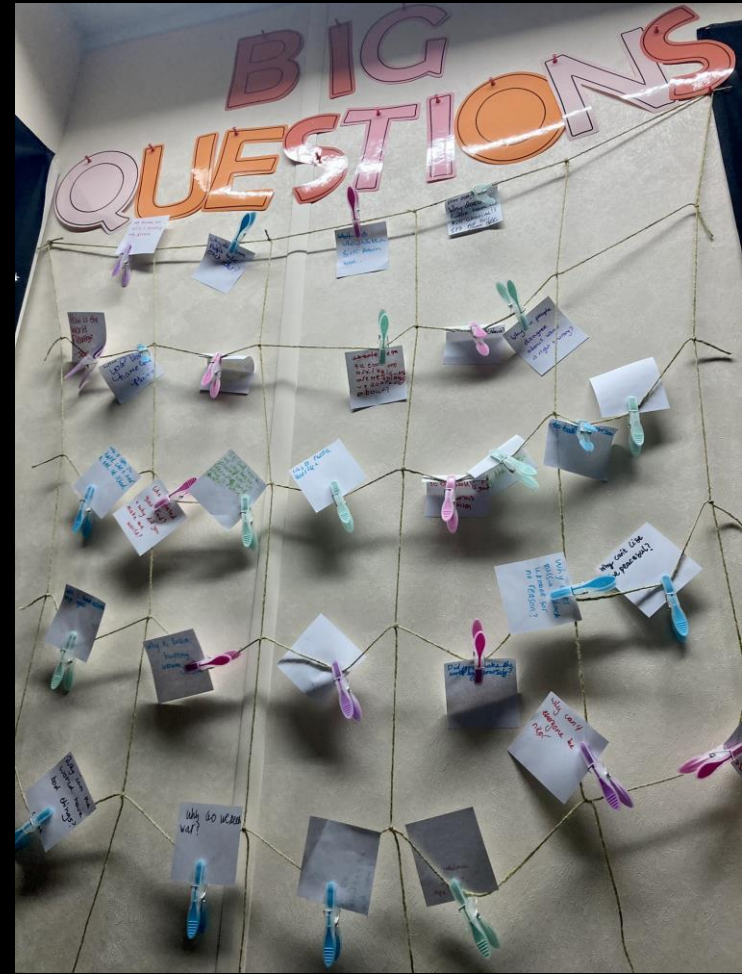
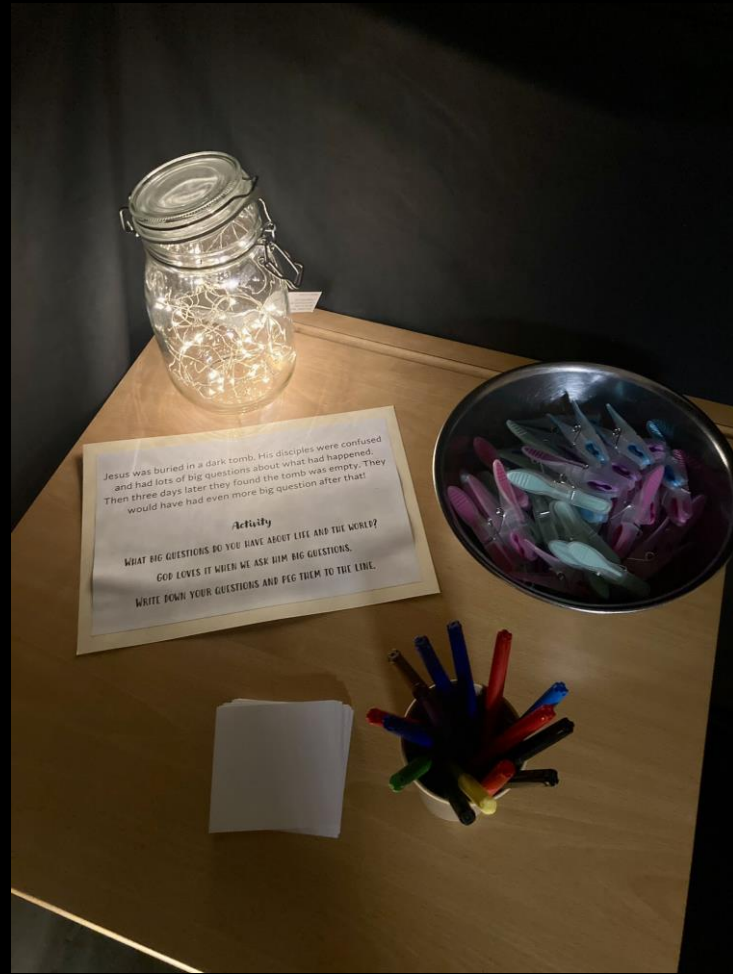
Activity 1

ON A SQUARE OF PAPER, WRITE DOWN SOMETHING YOU ARE SORRY FOR. THEN ROLL IT UP AND PUT IT IN THE CROSS, ASKING GOD TO FORGIVE YOU.

Activity 2

Take a muddy stone. The mud represents all the mess and wrong things we do. When Jesus died on the cross it was like he washed us clean.

**WASH YOUR STONE IN THE WATER AND THANK JESUS FOR TAKING AWAY
OUR MESS AND MAKING US AS GOOD AS NEW.**



7. The Empty Tomb

Big Questions for God

Jesus was buried in a dark tomb. His disciples were confused and had lots of big questions about what had happened. Then three days later they found the tomb was empty. They would have had even more big question after that!

Activity

WHAT BIG QUESTIONS DO YOU HAVE ABOUT LIFE AND THE WORLD?

GOD LOVES IT WHEN WE ASK HIM BIG QUESTIONS.

WRITE DOWN YOUR QUESTIONS AND PEG THEM TO THE LINE.



8. Jesus is Alive!
Hopes and Dreams

In the Easter story, after Jesus died, his body was put into a tomb. Jesus' friends were afraid and confused; it was a dark time. It felt like all their hopes and dreams had died with Jesus. But three days later, the tomb was empty and Jesus was alive! We all have hopes and dreams, things that seem impossible, but we hold onto our hopes.

Activity: WHAT ARE YOUR HOPES AND DREAMS? DRAW OR WRITE THEM ONTO A SCRATCH CARD. AS THE BRIGHT COLOURS PEER THROUGH THE DARK PAPER, ASK GOD TO BRING LIGHT INTO DARK PLACES AND GIVE YOU HOPE FOR THE FUTURE. STICK YOUR CARD TO THE WALL WHEN YOU ARE FINISHED.